MY_____DAY GOALS -- BY_____,20___I WILL:

1) _____

_____

(PERSONAL GOAL)

2) _____

_____

(FAMILY GOAL)

3) _____

_____

(BUSINESS GOAL)

I am committed to obtaining the above goals.

_____

SIGNATURE

WINNERS FIND A WAY----EVEN WHEN THERE ISN'T ONE!

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YOUR CHECKLIST

1. **Prepare to Win.** Set goals, expect success, plan, tend to little details.
2. **Delvelop loyalty.** Support your family, assocaiates and friends through life's changes.
3. **Keep Spiritually & Physicallly Sound.** Maintain Health, build on truth and utilize the power of prayer.
4. **Use the Power of Your Mind.** Think creatively, read and listen to cassettes on a daily basis.
5. **Keep Love in Your Life.** Say "I love you" to all in your life with words and actions.

John Avianantos & Associates
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8607 E. Mulberry St.
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(480) 949-8240
www.coachjohn.com
E-mail: john@coachjohn.com
Fax (480) 675-9969

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