

MY _____ DAY GOALS -- BY _____, 20____ I WILL:

- 1) _____

(PERSONAL GOAL)
- 2) _____

(FAMILY GOAL)
- 3) _____

(BUSINESS GOAL)

I am committed to obtaining the above goals.

SIGNATURE

WINNERS FIND A WAY----EVEN WHEN THERE ISN'T ONE!

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YOUR CHECKLIST

1. **Prepare to Win.** Set goals, expect success, plan, tend to little details.
2. **Develop loyalty.** Support your family, associates and friends through life's changes.
3. **Keep Spiritually & Physically Sound.** Maintain Health, build on truth and utilize the power of prayer.
4. **Use the Power of Your Mind.** Think creatively, read and listen to cassettes on a daily basis.
5. **Keep Love in Your Life.** Say "I love you" to all in your life with words and actions.

John Avianantos & Associates

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